

February 2009

## RNeasy® Lipid Tissue Handbook

RNeasy Lipid Tissue Mini Kit

RNeasy Lipid Tissue Midi Kit

For purification of total RNA from fatty tissues  
and all other types of tissue



Sample & Assay Technologies

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# Contents

<b>Kit Contents</b>	<b>4</b>
<b>Storage</b>	<b>4</b>
<b>Quality Control</b>	<b>4</b>
<b>Product Use Limitations</b>	<b>5</b>
<b>Product Warranty and Satisfaction Guarantee</b>	<b>5</b>
<b>Technical Assistance</b>	<b>5</b>
<b>Safety Information</b>	<b>6</b>
<b>Introduction</b>	<b>7</b>
Principle and procedure	7
<b>Equipment and Reagents to Be Supplied by User</b>	<b>9</b>
<b>Important Notes</b>	<b>10</b>
Determining the amount of starting material	10
Handling and storing starting material	11
Disrupting and homogenizing starting material	12
<b>Protocols</b>	
■ <b>Purification of Total RNA Using the RNeasy Lipid Tissue Mini Kit</b>	<b>14</b>
■ <b>Purification of Total RNA Using the RNeasy Lipid Tissue Midi Kit</b>	<b>19</b>
<b>Troubleshooting Guide</b>	<b>24</b>
<b>Appendix A: General Remarks on Handling RNA</b>	<b>28</b>
<b>Appendix B: Storage, Quantification, and Determination of Quality of RNA</b>	<b>30</b>
<b>Appendix C: Optional On-Column DNase Digestion with the RNase-Free DNase Set</b>	<b>33</b>
<b>Ordering Information</b>	<b>35</b>

## Kit Contents

RNeasy Lipid Tissue Kit	Mini (50)	Midi (10)
Catalog no.	74804	75842
Number of preps	50	10
RNeasy Mini Spin Columns (each in a 2 ml Collection Tube)	50	–
RNeasy Midi Spin Columns (each in a 15 ml Collection Tube)	–	10
Collection Tubes (1.5 ml)	50	–
Collection Tubes (2 ml)	50	–
Collection Tubes (15 ml)	–	10
QIAzol® Lysis Reagent*	50 ml	50 ml
Buffer RW1*	45 ml	45 ml
Buffer RPE <sup>†</sup> (concentrate)	11 ml	11 ml
RNase-Free Water	10 ml	10 ml
Handbook	1	1

\* Contains a guanidine salt. Not compatible with disinfectants containing bleach. See page 6 for safety information.

† Before using for the first time, add 4 volumes of ethanol (96–100%) as indicated on the bottle to obtain a working solution.

**Note:** QIAzol Lysis Reagent is delivered separately.

## Storage

RNeasy Lipid Tissue Kits should be stored dry at room temperature (15–25°C). All components are stable for at least 9 months under these conditions.

QIAzol Lysis Reagent can be stored at room temperature or at 2–8°C.

## Quality Control

In accordance with QIAGEN's ISO-certified Quality Management System, each lot of RNeasy Lipid Tissue Mini Kit and RNeasy Lipid Tissue Midi Kit is tested against predetermined specifications to ensure consistent product quality.

## **Product Use Limitations**

RNeasy Lipid Tissue Kits are intended for molecular biology applications. These products are neither intended for the diagnosis, prevention, or treatment of a disease, nor have they been validated for such use either alone or in combination with other products. Therefore, the performance characteristics of these products for clinical use (i.e., diagnostic, prognostic, therapeutic, or blood banking) are unknown.

## **Product Warranty and Satisfaction Guarantee**

QIAGEN guarantees the performance of all products in the manner described in our product literature. The purchaser must determine the suitability of the product for its particular use. Should any product fail to perform satisfactorily due to any reason other than misuse, QIAGEN will replace it free of charge or refund the purchase price. We reserve the right to change, alter, or modify any product to enhance its performance and design. If a QIAGEN® product does not meet your expectations, simply call your local Technical Service Department or distributor. We will credit your account or exchange the product — as you wish. Separate conditions apply to QIAGEN scientific instruments, service products, and to products shipped on dry ice. Please inquire for more information.

A copy of QIAGEN terms and conditions can be obtained on request, and is also provided on the back of our invoices. If you have questions about product specifications or performance, please call QIAGEN Technical Services or your local distributor (see back cover or visit [www.qiagen.com](http://www.qiagen.com)).

## **Technical Assistance**

At QIAGEN, we pride ourselves on the quality and availability of our technical support. Our Technical Service Departments are staffed by experienced scientists with extensive practical and theoretical expertise in sample and assay technologies and the use of QIAGEN products. If you have any questions or experience any difficulties regarding RNeasy Lipid Tissue Kits or QIAGEN products in general, please do not hesitate to contact us.

QIAGEN customers are a major source of information regarding advanced or specialized uses of our products. This information is helpful to other scientists as well as to the researchers at QIAGEN. We therefore encourage you to contact us if you have any suggestions about product performance or new applications and techniques.

For technical assistance and more information, please see our Technical Support Center at [www.qiagen.com/Support](http://www.qiagen.com/Support) or call one of the QIAGEN Technical Service Departments or local distributors (see back cover or visit [www.qiagen.com](http://www.qiagen.com)).

# Safety Information

When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, please consult the appropriate material safety data sheets (MSDSs). These are available online in convenient and compact PDF format at [www.qiagen.com/Support/MSDS.aspx](http://www.qiagen.com/Support/MSDS.aspx) where you can find, view, and print the MSDS for each QIAGEN kit and kit component.



**CAUTION: DO NOT add bleach or acidic solutions directly to the sample-preparation waste**

QIAzol Lysis Reagent contains guanidine thiocyanate and Buffer RW1 contains a small amount of guanidine thiocyanate. Guanidine salts can form highly reactive compounds when combined with bleach. If liquid containing these buffers is spilt, clean with suitable laboratory detergent and water. If the spilt liquid contains potentially infectious agents, clean the affected area first with laboratory detergent and water, and then with 1% (v/v) sodium hypochlorite.

The following risk and safety phrases apply to the components of RNeasy Lipid Tissue Kits.

## **QIAzol Lysis Reagent**

Contains phenol, guanidine thiocyanate: toxic, corrosive. Risk and safety phrases:<sup>\*</sup> R23/24/25-32-34-48/20/21/22-68, S24/25-26-36/37/39-45

## **Buffer RW1**

Contains ethanol: flammable. Risk phrase:<sup>\*</sup> R10

## **24-hour emergency information**

Emergency medical information in English, French, and German can be obtained 24 hours a day from:

Poison Information Center Mainz, Germany

Tel: +49-6131-19240

\* R10: Flammable; R23/24/25: Toxic by inhalation, in contact with skin and if swallowed; R32: Contact with acids liberates very toxic gas; R34: Causes burns; R48/20/21/22: Harmful: danger of serious damage to health by prolonged exposure through inhalation, in contact with skin and if swallowed; R68: Possible risk of irreversible effects; S24/25: Avoid contact with skin and eyes; S26: In case of contact with eyes, rinse immediately with plenty of water and seek medical advice; S36/37/39: Wear suitable protective clothing, gloves and eye/face protection; S45: In case of accident or if you feel unwell seek medical advice immediately (show the label where possible).

# Introduction

RNeasy Lipid Tissue Kits are designed for optimal lysis of tissues rich in fat, such as brain and adipose tissue, and purification of high-quality total RNA. The kits are also compatible with all other types of animal tissue. QIAGEN provides a wide range of other kits for purification of total RNA from different sample sources (visit [www.qiagen.com/RNA](http://www.qiagen.com/RNA)).

## Principle and procedure

RNeasy Lipid Tissue Kits integrate phenol/guanidine-based sample lysis and silica-membrane purification of total RNA. QIAzol Lysis Reagent, included in the kits, is a monophasic solution of phenol and guanidine thiocyanate, designed to facilitate lysis of fatty tissues and inhibit RNases. The high lysis efficiency of the reagent and the subsequent removal of contaminants by organic phase extraction enables use of larger amounts of tissue with RNeasy spin columns:

- **RNeasy Lipid Tissue Mini Kit** — up to 100 mg of brain or adipose tissue per RNeasy Mini spin column (up to 50 mg of other animal tissues)\*
- **RNeasy Lipid Tissue Midi Kit** — up to 500 mg of brain or adipose tissue per RNeasy Midi spin column (up to 250 mg of other animal tissues)\*

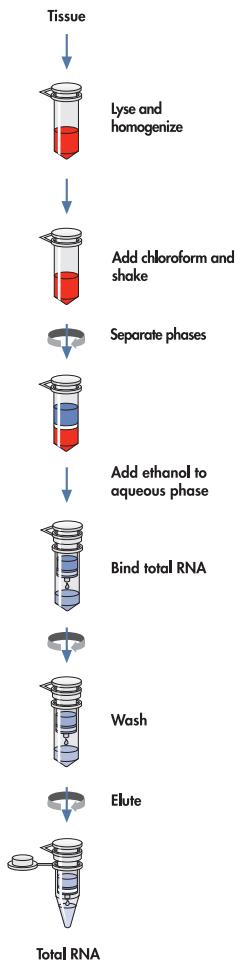
Tissue samples are homogenized in QIAzol Lysis Reagent. After addition of chloroform, the homogenate is separated into aqueous and organic phases by centrifugation. RNA partitions to the upper, aqueous phase while DNA partitions to the interphase and proteins to the lower, organic phase or the interphase.

The upper, aqueous phase is collected, and ethanol is added to provide appropriate binding conditions. The sample is then applied to an RNeasy spin column, where the total RNA binds to the membrane, and phenol and other contaminants are efficiently washed away. High-quality RNA is then eluted in RNase-free water (see flowcharts, next page).

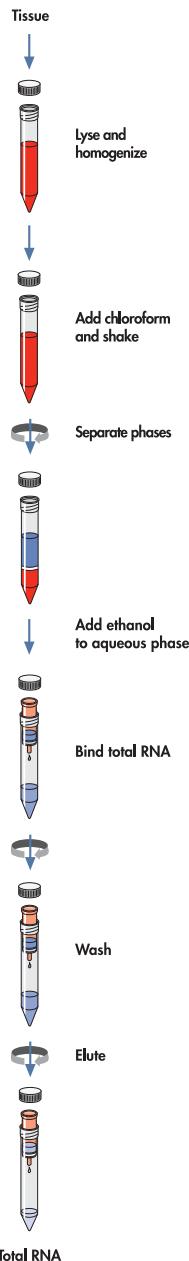
With RNeasy Lipid Tissue Kits, all RNA molecules longer than 200 nucleotides are purified. The procedure provides an enrichment for mRNA since most RNAs <200 nucleotides (such as 5.8S rRNA, 5S rRNA, and tRNAs, which together comprise 15–20% of total RNA) are selectively excluded. The size distribution of the purified RNA is comparable to that obtained by centrifugation through a CsCl gradient or cushion, where small RNAs do not sediment efficiently. For purification of small RNA, including microRNA, from tissues and cells, we recommend using miRNeasy Kits (see ordering information, page 38).

\* To ensure optimal RNA yields, the binding capacity of the RNeasy spin column must not be exceeded. For details, see the individual protocols.

## RNeasy Lipid Tissue Mini Procedure



## RNeasy Lipid Tissue Midi Procedure



# Equipment and Reagents to Be Supplied by User

When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, consult the appropriate material safety data sheets (MSDSs), available from the product supplier.

- Chloroform
- Ethanol (70% and 96–100%)\*
- Sterile, RNase-free pipet tips
- Equipment for tissue disruption and homogenization (see page 12): we recommend either the TissueRuptor® with TissueRuptor Disposable Probes or the TissueLyser system (see ordering information, page 36)
- For stabilization of RNA in tissues (see page 11): RNA/*later*® RNA Stabilization Reagent or Allprotect Tissue Reagent (see ordering information, page 35) or liquid nitrogen and dry ice

## Users of RNeasy Lipid Tissue Mini Kit

- 1.5 ml or 2 ml microcentrifuge tubes
- Microcentrifuge(s) (with rotor for 2 ml tubes) for centrifugation at 4°C and at room temperature (15–25°C)

## Users of RNeasy Lipid Tissue Midi Kit

- 10–15 ml centrifuge tubes
- Laboratory centrifuge(s) (capable of 5000  $\times$  g) for centrifugation at 4°C and at room temperature (15–25°C)<sup>†</sup>
- Optional: MaXtract High Density (see ordering information, page 36)

\* Do not use denatured alcohol, which contains other substances such as methanol or methylethylketone.

<sup>†</sup> All centrifugation steps are carried out in a conventional laboratory centrifuge (e.g., QIAGEN 96-Well-Plate Centrifugation System; please inquire) with a swinging bucket rotor for 15 ml centrifuge tubes. The maximum speed of 3500–5000 rpm corresponds to 3000–5000  $\times$  g for most rotors. RNeasy Midi spin columns fit into 15 ml collection tubes supplied with the kit. These fit into the rotor of almost every standard laboratory centrifuge available. In the unlikely event that the tubes do not fit, RNeasy Midi spin columns can also be inserted into different 12–15 ml RNase-free glass or polypropylene tubes.

# Important Notes

## Determining the amount of starting material

It is essential to use the correct amount of starting material in order to obtain optimal RNA yield and purity. The maximum amount that can be used is determined by:

- The type of tissue and its RNA content
- The volume of QIAzol Lysis Reagent required for efficient lysis
- The RNA binding capacity of the RNeasy spin column

When processing samples containing high amounts of RNA, less than the maximum amount of starting material shown in Table 1 should be used, so that the RNA binding capacity of the RNeasy spin column is not exceeded.

When processing samples containing low amounts of RNA, the maximum amount of starting material shown in Table 1 can be used. However, even though the RNA binding capacity of the RNeasy spin column is not reached, the maximum amount of starting material must not be exceeded. Otherwise, lysis will be incomplete and cellular debris may interfere with the binding of RNA to the RNeasy spin column membrane, resulting in lower RNA yield and purity.

More information on using the correct amount of starting material is given in the protocols. Table 2 shows expected RNA yields from various sources.

**Table 1. RNeasy spin column specifications**

Specification	RNeasy Mini spin column	RNeasy Midi spin column
Maximum binding capacity	100 µg RNA	1 mg RNA
Maximum loading volume	700 µl	4 ml
RNA size distribution	RNA >200 nucleotides	RNA >200 nucleotides
Minimum elution volume	30 µl	150 µl
Maximum amount of starting tissue	≤100 mg	≤500 mg

**Note:** If the binding capacity of the RNeasy spin column is exceeded, RNA yields will not be consistent and may be reduced. If lysis of the starting material is incomplete, RNA yields will be lower than expected, even if the binding capacity of the RNeasy spin column is not exceeded.

**Table 2. Typical yields of total RNA with RNeasy Lipid Tissue Kits**

Mouse/rat tissue (10 mg)	Yield of total RNA (µg)*
Adipose tissue	0.5–2.5
Brain	5–20
Heart	5–25
Intestine	10–60
Kidney	5–40
Liver	15–80
Lung	5–15
Muscle	5–35
Skin	2–5
Spleen	15–100

\* Amounts can vary due to factors such as species and developmental stage (especially with adipose tissues, large variations are possible due to developmental stage and location of the tissue). Since the RNeasy procedure enriches for mRNA and other RNA species >200 nucleotides, the total RNA yield does not include 5S rRNA, tRNA, and other low-molecular-weight RNAs, which make up 15–20% of total cellular RNA.

## Handling and storing starting material

RNA in harvested tissue is not protected until the sample is treated with RNA/*later* RNA Stabilization Reagent, flash-frozen, or disrupted and homogenized in the presence of RNase-inhibiting or denaturing reagents. Otherwise, unwanted changes in the gene expression profile will occur. It is therefore important that tissue samples are immediately frozen in liquid nitrogen and stored at –70°C, or immediately immersed in RNA/*later* RNA Stabilization Reagent at room temperature. An alternative to RNA/*later* RNA Stabilization Reagent is Allprotect Tissue Reagent, which provides immediate stabilization of DNA, RNA, and protein in tissue samples at room temperature.

**Note:** RNA/*later* RNA Stabilization Reagent cannot be used to stabilize RNA in adipose tissue due to the high abundance of fat, but can be used to stabilize RNA in other fatty tissues such as brain. Allprotect Tissue Reagent can stabilize adipose and brain tissue.

The procedures for tissue harvesting and RNA protection should be carried out as quickly as possible. Frozen tissue samples should not be allowed to thaw during handling or weighing.

## Disrupting and homogenizing starting material

Efficient disruption and homogenization of the starting material is an absolute requirement for all total RNA purification procedures. Disruption and homogenization are 2 distinct steps:

- **Disruption:** Complete disruption of plasma membranes of cells and organelles is absolutely required to release all the RNA contained in the sample. Incomplete disruption results in significantly reduced RNA yields.
- **Homogenization:** Homogenization is necessary to reduce the viscosity of the lysates produced by disruption. Homogenization shears high-molecular-weight genomic DNA and other high-molecular-weight cellular components to create a homogeneous lysate. Incomplete homogenization results in inefficient binding of RNA to the RNeasy spin column membrane and therefore significantly reduced RNA yields.

Disruption and homogenization of tissue samples can be carried out rapidly and efficiently using either the TissueRuptor (for processing samples individually) or the Tissuelyser (for processing multiple samples simultaneously). Disruption and homogenization with the TissueRuptor or Tissuelyser generally results in higher RNA yields than with other methods.

### Disruption and homogenization using the TissueRuptor

The TissueRuptor is a rotor–stator homogenizer that thoroughly disrupts and simultaneously homogenizes single tissue samples in the presence of lysis buffer in 15–90 seconds, depending on the toughness and size of the sample. The blade of the TissueRuptor disposable probe rotates at a very high speed, causing the sample to be disrupted and homogenized by a combination of turbulence and mechanical shearing. For guidelines on using the TissueRuptor, refer to the *TissueRuptor Handbook*. For other rotor–stator homogenizers, refer to suppliers' guidelines.

### Disruption and homogenization using the Tissuelyser

In bead-milling, tissues can be disrupted by rapid agitation in the presence of beads and lysis buffer. Disruption and simultaneous homogenization occur by the shearing and crushing action of the beads as they collide with the cells. The Tissuelyser disrupts and homogenizes up to 48 tissue samples simultaneously when used in combination with the Tissuelyser Adapter Set 2 x 24, which holds 48 x 2 ml microcentrifuge tubes containing stainless steel beads of 5 mm mean diameter. For guidelines on using the Tissuelyser, refer to the *Tissuelyser Handbook*. For other bead mills, refer to suppliers' guidelines.

**Note:** Tungsten carbide beads react with QIAzol Lysis Reagent and must not be used to disrupt and homogenize tissues.

The Tissuelyser can also disrupt and homogenize up to 192 tissue samples simultaneously when used in combination with the Tissuelyser Adapter Set 2 x 96, which holds 192 x 1.2 ml microtubes containing stainless steel beads of 5 mm mean diameter. In this case, we recommend using the RNeasy 96 Universal Tissue Kit, which provides high-throughput RNA purification from all types of tissue, including fatty tissues, in 96-well format and is based on the same technology as RNeasy Lipid Tissue Kits. For ordering information, see page 38.

# Protocol: Purification of Total RNA Using the RNasey Lipid Tissue Mini Kit

## Determining the correct amount of starting material

It is essential to use the correct amount of tissue in order to obtain optimal RNA yield and purity. With the RNasey Lipid Tissue Mini Kit, a maximum of 100 mg brain or adipose tissue can generally be processed. For these tissues, the RNA binding capacity of the RNasey Mini spin column and the lysing capacity of QIAzol Lysis Reagent will not be exceeded by these amounts. For other tissues, a maximum of 50 mg tissue can generally be used. For tissues with high RNA content such as liver, spleen, and thymus, we recommend using no more than 30 mg tissue to ensure optimal RNA yields and to avoid exceeding the binding capacity of the RNA spin column. Average RNA yields from various tissues are given in Table 2 (page 11).

If there is no information about the nature of your starting material, we recommend starting with no more than 30 mg tissue. Depending on RNA yield and purity, it may be possible to use up to 100 mg tissue in subsequent preparations.

**Do not overload the RNasey spin column, as this will significantly reduce RNA yield and quality.**

Weighing tissue is the most accurate way to quantify the amount of starting material. As a guide, a 4 mm cube ( $64 \text{ mm}^3$ ) of most animal tissues weighs 70–85 mg.

## Important points before starting

- If using RNasey Lipid Tissue Kits for the first time, read "Important Notes" (page 10).
- If working with RNA for the first time, read Appendix A (page 28).
- If using the TissueRuptor, ensure that you are familiar with operating it by referring to the *TissueRuptor User Manual* and *TissueRuptor Handbook*.
- If using the TissueLyser, ensure that you are familiar with operating it by referring to the operating instructions and *TissueLyser Handbook*.
- To freeze tissue for long-term storage (several months), flash-freeze in liquid nitrogen, and immediately transfer to  $-70^\circ\text{C}$ . Do not allow tissues to thaw during weighing or handling prior to disruption in QIAzol Lysis Reagent. Homogenized tissue lysates from step 3 can also be stored at  $-70^\circ\text{C}$  for several months. Incubate frozen lysates at  $37^\circ\text{C}$  in a water bath until completely thawed and salts are dissolved before continuing with step 4. Avoid prolonged incubation, which may compromise RNA integrity.

- Generally, DNase digestion is not required since integrated QIAzol and RNeasy technologies efficiently remove most of the DNA without DNase treatment. However, further DNA removal may be necessary for certain RNA applications that are sensitive to very small amounts of DNA (e.g., TaqMan® real-time RT-PCR analysis with a low-abundance target). In these cases, residual DNA can be removed by optional on-column DNase-digestion using the RNase-Free DNase Set (see Appendix C, page 33). Alternatively, for real-time two-step RT-PCR applications, the QuantiTect® Reverse Transcription Kit provides cDNA synthesis with integrated removal of genomic DNA contamination (see ordering information, page 37).
- QIAzol Lysis Reagent and Buffer RW1 contain a guanidine salt and are therefore not compatible with disinfecting reagents containing bleach. See page 6 for safety information.
- Except for phase separation (step 7), all protocol and centrifugation steps should be performed at room temperature (15–25°C). During the procedure, work quickly.

### Things to do before starting

- Buffer RPE is supplied as a concentrate. Before using for the first time, add 4 volumes of ethanol (96–100%) as indicated on the bottle to obtain a working solution.
- If performing optional on-column DNase digestion, prepare DNase I stock solution as described in Appendix C (page 33).

### Procedure

1. **If using the Tissuelyser, add one stainless steel bead (5 mm mean diameter) per 2 ml microcentrifuge tube (not supplied). If working with tissues that are not stabilized in RNAlater or Allprotect Reagent, place the tubes on dry ice.**
2. **Excise the tissue sample from the animal or remove it from storage. Determine the amount of tissue. Do not use more than 100 mg. Proceed immediately to step 3.**

Weighing tissue is the most accurate way to determine the amount.

If the tissue sample was stored in RNAlater or Allprotect Reagent, remove it from the reagent using forceps and be sure to remove any excess reagent or crystals that may have formed.

RNA in harvested tissues is not protected until the tissues are treated with RNAlater or Allprotect Reagent, flash-frozen, or disrupted and homogenized in step 3. Frozen tissues should not be allowed to thaw during handling. The relevant procedures should be carried out as quickly as possible.

**3. Disrupt the tissue and homogenize the lysate using either the TissueRupter (follow step 3a) or TissueLyser (follow step 3b).**

See "Disrupting and homogenizing starting material", page 12, for more details on disruption and homogenization.

**Note:** Incomplete homogenization leads to significantly reduced RNA yields and can cause clogging of the RNeasy spin column. Homogenization with the TissueRupter or TissueLyser generally results in higher RNA yields than with other methods.

**3a. Disruption and homogenization using the TissueRupter:**

- **Place the tissue in a suitably sized vessel containing 1 ml QIAzol Lysis Reagent.**

**Note:** Use a suitably sized vessel with sufficient extra headspace to accommodate foaming, which may occur during homogenization.

Generally, round-bottomed tubes allow more efficient disruption and homogenization than conical-bottomed tubes.

- **Place the tip of the disposable probe into the vessel and operate the TissueRupter at full speed until the lysate is uniformly homogeneous (usually 20–40 s). Proceed to step 4.**

**Note:** To avoid damage to the TissueRupter and disposable probe during operation, make sure the tip of the probe remains submerged in the buffer.

Foaming may occur during homogenization, especially of brain tissue. If this occurs, let the homogenate stand at room temperature for 2–3 min until the foam subsides before continuing with the procedure.

**3b. Disruption and homogenization using the TissueLyser:**

- **Place the tissues in the tubes prepared in step 1.**
- **If the tubes were stored on dry ice, place them at room temperature. Then immediately add 1 ml QIAzol Lysis Reagent per tube.**
- **Place the tubes in the Tissuelyser Adapter Set 2 x 24.**
- **Operate the Tissuelyser for 2 min at 20 Hz.**

The time depends on the tissue being processed and can be extended until the tissue is completely homogenized.

- **Disassemble the adapter set, rotate the rack of tubes so that the tubes nearest to the Tissuelyser are now outermost, and reassemble the adapter set. Operate the Tissuelyser for another 2 min at 20 Hz.**

Rearranging the tubes allows even homogenization.

- **Carefully pipet the lysates into new microcentrifuge tubes (not supplied). Proceed to step 4.**

Do not reuse the stainless steel beads.

4. Place the tube containing the homogenate on the benchtop at room temperature (15–25°C) for 5 min.

This step promotes dissociation of nucleoprotein complexes.

5. Add 200  $\mu$ l chloroform. Securely cap the tube containing the homogenate, and shake it vigorously for 15 s.

Thorough mixing is important for subsequent phase separation.

6. Place the tube containing the homogenate on the benchtop at room temperature for 2–3 min.

7. Centrifuge at 12,000  $\times g$  for 15 min at 4°C. After centrifugation, heat the centrifuge to room temperature (15–25°C) if the same centrifuge will be used in the later steps of this procedure.

After centrifugation, the sample separates into 3 phases: an upper, colorless, aqueous phase containing RNA; a white interphase; and a lower, red, organic phase. For tissues with an especially high fat content, an additional, clear phase may be visible below the red, organic phase. The volume of the aqueous phase should be approximately 600  $\mu$ l.

8. Transfer the upper, aqueous phase to a new tube (not supplied). Add 1 volume (usually 600  $\mu$ l) of 70% ethanol, and mix thoroughly by vortexing. Do not centrifuge. Proceed immediately to step 9.

**Note:** The volume of lysate may be less than 600  $\mu$ l due to loss during homogenization and centrifugation.

Precipitates may be visible after addition of ethanol. Resuspend precipitates completely by vigorous shaking, and proceed immediately to step 9.

9. Transfer up to 700  $\mu$ l of the sample to an RNeasy Mini spin column placed in a 2 ml collection tube (supplied). Close the lid gently, and centrifuge for 15 s at  $\geq 8000 \times g$  ( $\geq 10,000$  rpm) at room temperature (15–25°C). Discard the flow-through.\*

Reuse the collection tube in step 10.

10. Repeat step 9 using the remainder of the sample. Discard the flow-through.\*

Reuse the collection tube in step 11.

**Optional:** If performing optional on-column DNase digestion (see “Important points before starting”), follow steps C1–C4 (page 33) after performing this step.

\* Flow-through contains QIAzol Lysis Reagent and is therefore not compatible with bleach. See page 6 for safety information.

11. Add 700  $\mu$ l Buffer RW1 to the RNeasy spin column. Close the lid gently, and centrifuge for 15 s at  $\geq 8000 \times g$  ( $\geq 10,000$  rpm) to wash the membrane. Discard the flow-through.\*

Reuse the collection tube in step 12.

After centrifugation, carefully remove the RNeasy spin column from the collection tube so that the column does not contact the flow-through. Be sure to empty the collection tube completely.\*

Skip this step if performing optional on-column DNase digestion (page 33).

12. Add 500  $\mu$ l Buffer RPE to the RNeasy spin column. Close the lid gently, and centrifuge for 15 s at  $\geq 8000 \times g$  ( $\geq 10,000$  rpm) to wash the membrane. Discard the flow-through.

Reuse the collection tube in step 13.

**Note:** Buffer RPE is supplied as a concentrate. Ensure that ethanol is added to Buffer RPE before use (see "Things to do before starting", page 15).

13. Add 500  $\mu$ l Buffer RPE to the RNeasy spin column. Close the lid gently, and centrifuge for 2 min at  $\geq 8000 \times g$  ( $\geq 10,000$  rpm) to wash the membrane.

The long centrifugation dries the spin column membrane, ensuring that no ethanol is carried over during RNA elution. Residual ethanol may interfere with downstream reactions.

**Note:** After centrifugation, carefully remove the RNeasy spin column from the collection tube so that the column does not contact the flow-through. Otherwise, carryover of ethanol will occur.

14. Optional: Place the RNeasy spin column in a new 2 ml collection tube (supplied), and discard the old collection tube with the flow-through. Close the lid gently, and centrifuge at full speed for 1 min.

Perform this step to eliminate any possible carryover of Buffer RPE, or if residual flow-through remains on the outside of the RNeasy spin column after step 13.

15. Place the RNeasy spin column in a new 1.5 ml collection tube (supplied). Add 30–50  $\mu$ l RNase-free water directly to the spin column membrane. Close the lid gently. To elute the RNA, centrifuge for 1 min at  $\geq 8000 \times g$  ( $\geq 10,000$  rpm).

16. Repeat step 15 using another volume of RNase-free water, or using the eluate from step 15 (if high RNA concentration is required). Reuse the collection tube from step 15.

If using the eluate from step 15, the RNA yield will be 15–30% less than that obtained using a second volume of RNase-free water, but the final RNA concentration will be higher.

\* Flow-through contains Buffer RW1 and is therefore not compatible with bleach. See page 6 for safety information.

# Protocol: Purification of Total RNA Using the RNeasy Lipid Tissue Midi Kit

## Determining the correct amount of starting material

It is essential to use the correct amount of tissue in order to obtain optimal RNA yield and purity. With the RNeasy Lipid Tissue Midi Kit, a maximum of 500 mg brain or adipose tissue can generally be processed. For these tissues, the RNA binding capacity of the RNeasy Midi spin column and the lysing capacity of QIAzol Lysis Reagent will not be exceeded by these amounts. For other tissues, a maximum of 250 mg tissue can generally be used. For tissues with high RNA content such as liver, spleen, and thymus, we recommend using no more than 150 mg tissue to ensure optimal RNA yields and to avoid exceeding the binding capacity of the RNA spin column. Average RNA yields from various tissues are given in Table 2 (page 11).

If there is no information about the nature of your starting material, we recommend starting with no more than 150 mg tissue. Depending on RNA yield and purity, it may be possible to use up to 500 mg tissue in subsequent preparations.

## **Do not overload the RNeasy spin column, as this will significantly reduce RNA yield and quality.**

Weighing tissue is the most accurate way to quantify the amount of starting material. As a guide, a 6 mm cube (216 mm<sup>3</sup>) of most animal tissues weighs 240–280 mg.

## Important points before starting

- If using RNeasy Lipid Tissue Kits for the first time, read "Important Notes" (page 10).
- If working with RNA for the first time, read Appendix A (page 28).
- If using the TissueRuptor, ensure that you are familiar with operating it by referring to the *TissueRuptor User Manual* and *TissueRuptor Handbook*.
- To freeze tissue for long-term storage (several months), flash-freeze in liquid nitrogen, and immediately transfer to -70°C. Do not allow tissues to thaw during weighing or handling prior to disruption in QIAzol Lysis Reagent. Homogenized tissue lysates from step 3 can also be stored at -70°C for several months. Incubate frozen lysates at 37°C in a water bath until completely thawed and salts are dissolved before continuing with step 4. Avoid prolonged incubation, which may compromise RNA integrity.

- Generally, DNase digestion is not required since integrated QIAzol and RNeasy technologies efficiently remove most of the DNA without DNase treatment. However, further DNA removal may be necessary for certain RNA applications that are sensitive to very small amounts of DNA (e.g., TaqMan real-time RT-PCR analysis with a low-abundance target). In these cases, residual DNA can be removed by optional on-column DNase-digestion using the RNase-Free DNase Set (see Appendix C, page 33). Alternatively, for real-time two-step RT-PCR applications, the QuantiTect Reverse Transcription Kit provides cDNA synthesis with integrated removal of genomic DNA contamination (see ordering information, page 37).
- QIAzol Lysis Reagent and Buffer RW1 contain a guanidine salt and are therefore not compatible with disinfecting reagents containing bleach. See page 6 for safety information.
- Except for phase separation (step 7), all protocol and centrifugation steps should be performed at room temperature (15–25°C). During the procedure, work quickly.

### Things to do before starting

- Buffer RPE is supplied as a concentrate. Before using for the first time, add 4 volumes of ethanol (96–100%) as indicated on the bottle to obtain a working solution.
- If performing optional on-column DNase digestion, prepare DNase I stock solution as described in Appendix C (page 33).

### Procedure

#### 1. Excise the tissue sample from the animal or remove it from storage. Determine the amount of tissue. Do not use more than 500 mg. Proceed immediately to step 2.

Weighing tissue is the most accurate way to determine the amount.

If the tissue sample was stored in RNAlater or Allprotect Reagent, remove it from the reagent using forceps and be sure to remove any excess reagent or crystals that may have formed.

RNA in harvested tissues is not protected until the tissues are treated with RNAlater or Allprotect Reagent, flash-frozen, or disrupted and homogenized in step 3. Frozen tissues should not be allowed to thaw during handling. The relevant procedures should be carried out as quickly as possible.

#### 2. Place the tissue in a suitably sized vessel containing 5 ml QIAzol Lysis Reagent.

**Note:** Use a suitably sized vessel with sufficient extra headspace to accommodate foaming, which may occur during homogenization.

Generally, round-bottomed tubes allow more efficient disruption and homogenization than conical-bottomed tubes.

**3. Place the tip of the TissueRuptor disposable probe into the vessel and operate the TissueRuptor at full speed until the lysate is uniformly homogeneous (usually 30–60 s).**

**Note:** To avoid damage to the TissueRuptor and disposable probe during operation, make sure the tip of the probe remains submerged in the buffer.

**Note:** Incomplete homogenization leads to significantly reduced RNA yields and can cause clogging of the RNeasy spin column.

Foaming may occur during homogenization, especially of brain tissue. If this occurs, let the homogenate stand at room temperature for 2–3 min until the foam subsides before continuing with the procedure.

**4. Place the tube containing the homogenate on the benchtop at room temperature (15–25°C) for 5 min.**

This step promotes dissociation of nucleoprotein complexes.

**5. Add 1 ml chloroform. Securely cap the tube containing the homogenate, and shake it vigorously for 15 s.**

Thorough mixing is important for subsequent phase separation.

**6. Place the tube containing the homogenate on the benchtop at room temperature for 2–3 min.**

**7. Centrifuge at 5000 × g for 15 min at 4°C. After centrifugation, heat the centrifuge to room temperature (15–25°C) if the same centrifuge will be used in the later steps of this procedure.**

After centrifugation, the sample separates into 3 phases: an upper, colorless, aqueous phase containing RNA; a white interphase; and a lower, red, organic phase. For tissues with an especially high fat content, an additional, clear phase may be visible below the red, organic phase. The volume of the aqueous phase should be approximately 3 ml.

**Optional:** Alternatively, centrifuge the homogenate in a 15 ml or 50 ml MaXtract High Density tube (for ordering information, see page 36). The MaXtract tube contains a gel which forms a stable barrier between the aqueous phase and the other phases after centrifugation.

**8. Transfer the upper, aqueous phase to a new tube (not supplied). Add 1 volume (usually 3 ml) of 70% ethanol, and mix thoroughly by vortexing. Do not centrifuge. Proceed immediately to step 9.**

**Note:** The volume of lysate may be less than 3 ml due to loss during homogenization and centrifugation.

Precipitates may be visible after addition of ethanol. Resuspend precipitates completely by vigorous shaking, and proceed immediately to step 9.

9. Transfer up to 4 ml of the sample to an RNeasy Midi spin column placed in a 15 ml collection tube (supplied). Close the lid gently, and centrifuge for 5 min at 3000–5000  $\times$  g at room temperature (15–25°C). Discard the flow-through.\*  
Reuse the collection tube in step 10.
10. Repeat step 10 using the remainder of the sample (up to 4 ml). Discard the flow-through.\*  
Reuse the collection tube in step 11.  
**Optional:** If performing optional on-column DNase digestion (see “Important points before starting”), follow steps C1–C4 (page 33) after performing this step.
11. Add 4 ml Buffer RW1 to the RNeasy spin column. Close the lid gently, and centrifuge for 5 min at 3000–5000  $\times$  g to wash the membrane. Discard the flow-through.\*  
Reuse the collection tube in step 12.  
Skip this step if performing optional on-column DNase digestion (page 33).
12. Add 2.5 ml Buffer RPE to the RNeasy spin column. Close the lid gently, and centrifuge for 2 min at 3000–5000  $\times$  g to wash the membrane. Discard the flow-through.  
Reuse the collection tube in step 13.  
**Note:** Buffer RPE is supplied as a concentrate. Ensure that ethanol is added to Buffer RPE before use (see “Things to do before starting”, page 20).
13. Add 2.5 ml Buffer RPE to the RNeasy spin column. Close the lid gently, and centrifuge for 5 min at 3000–5000  $\times$  g to wash the membrane.  
The long centrifugation dries the spin column membrane, ensuring that no ethanol is carried over during RNA elution. Residual ethanol may interfere with downstream reactions.  
**Note:** After centrifugation, carefully remove the RNeasy spin column from the collection tube so that the column does not contact the flow-through. Otherwise, carryover of ethanol will occur.
14. Place the RNeasy spin column in a new 15 ml collection tube (supplied). Add the appropriate volume of RNase-free water (see Table 3) directly to the spin column membrane. Close the lid gently. To elute the RNA, wait for 1 min and then centrifuge for 3 min at 3000–5000  $\times$  g.

\* Flow-through contains QIAzol Lysis Reagent or Buffer RW1 and is therefore not compatible with bleach.  
See page 6 for safety information.

**Table 3. Volumes of RNase-Free Water for RNA Elution**

Expected total RNA yield	RNase-free water
≤150 µg	150 µl
150 µg – 1 mg	250 µl

**15. Repeat step 14 using another volume of RNase-free water, or using the eluate from step 14 (if high RNA concentration is required). Reuse the collection tube from step 14.**

If using the eluate from step 14, the RNA yield will be 15–30% less than that obtained using a second volume of RNase-free water, but the final RNA concentration will be higher.

# Troubleshooting Guide

This troubleshooting guide may be helpful in solving any problems that may arise. For more information, see also the Frequently Asked Questions page at our Technical Support Center: [www.qiagen.com/FAQ/FAQList.aspx](http://www.qiagen.com/FAQ/FAQList.aspx). The scientists in QIAGEN Technical Services are always happy to answer any questions you may have about either the information and protocols in this handbook or sample and assay technologies (for contact information, see back cover or visit [www.qiagen.com](http://www.qiagen.com)).

## Comments and suggestions

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### Phases do not separate completely

- a) No chloroform added or chloroform not pure
- b) Homogenate not sufficiently mixed before centrifugation
- c) Organic solvents in samples used for RNA purification

Make sure to add chloroform that does not contain isoamyl alcohol or other additives.

After addition of chloroform (step 5), the homogenate must be vigorously shaken. If the phases are not well separated, shake the tube vigorously for at least 15 s, and repeat the incubation and centrifugation in steps 6 and 7.

Make sure that the starting sample does not contain organic solvents (e.g., ethanol, DMSO), strong buffers, or alkaline reagents. These can interfere with the phase separation.

### Clogged RNeasy spin column

- a) Inefficient disruption and/or homogenization
- b) Too much starting material

See "Disrupting and homogenizing starting material" (page 12) for details on disruption and homogenization methods.

Increase g-force and centrifugation time if necessary.

In subsequent preparations, reduce the amount of starting material (see page 10 and protocol, page 14 or 19) and/or increase the homogenization time.

In subsequent preparations, reduce the amount of starting material. It is essential to use the correct amount of starting material (see page 10 and protocol, page 14 or 19).

## Comments and suggestions

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- c) Centrifugation temperature too low Except for phase separation (step 7), all centrifugation steps should be performed at 15–25°C. Some centrifuges may cool to below 20°C even when set at 20°C. This can cause formation of precipitates that can clog the RNeasy spin column. If this happens, set the centrifugation temperature to 25°C. Warm the ethanol-containing lysate to 37°C before transferring to the RNeasy spin column.

### Low RNA yield

- a) Insufficient disruption and homogenization See “Disrupting and homogenizing starting material” (page 12) for details on disruption and homogenization methods.
- b) Too much starting material In subsequent preparations, reduce the amount of starting material. It is essential to use the correct amount of starting material (see page 10 and protocol, page 14 or 19). Repeat RNA elution, but incubate the RNeasy spin column on the benchtop for 10 min with RNase-free water before centrifuging.
- c) RNA still bound to RNeasy spin column membrane
- d) Centrifugation temperature too low Except for phase separation (step 7), all centrifugation steps should be performed at 15–25°C. Some centrifuges may cool to below 20°C even when set at 20°C. This can cause formation of precipitates that can clog the RNeasy spin column. If this happens, set the centrifugation temperature to 25°C. Warm the ethanol-containing lysate to 37°C before transferring to the RNeasy spin column.

### Low or no recovery of RNA (RNeasy Lipid Tissue Mini Kit)

- RNase-free water incorrectly dispensed Add RNase-free water to the center of the RNeasy spin column membrane to ensure that the membrane is completely covered.

**Low  $A_{260}/A_{280}$  value**

- a) Not enough QIAzol Lysis Reagent used for homogenization
- b) Sample not incubated for 5 min after homogenization
- c) Water used to dilute RNA for  $A_{260}/A_{280}$  measurement

In subsequent preparations, reduce the amount of starting material and/or increase the volume of QIAzol Lysis Reagent and the homogenization time.

Place the sample at room temperature (15–25°C) for 5 min after homogenization, as indicated in the protocol (step 4). This step is important to promote dissociation of nucleoprotein complexes.

Use 10 mM Tris·Cl, pH 7.5, not RNase-free water, to dilute the sample before measuring purity (see Appendix B, page 30).

**RNA degraded**

- a) Inappropriate handling of starting material
- b) RNase contamination

For frozen tissue samples, ensure that they were flash-frozen immediately in liquid nitrogen and properly stored at -70°C. Perform the RNeasy procedure quickly, especially the first few steps.

See Appendix A (page 28) and "Handling and storing starting material" (page 11).

Although all RNeasy buffers have been tested and are guaranteed RNase-free, RNases can be introduced during use. Be certain not to introduce any RNases during the RNeasy procedure or later handling. See Appendix A (page 28) for general remarks on handling RNA.

Do not put RNA samples into a vacuum dryer that has been used in DNA preparation where RNases may have been used.

**DNA contamination in downstream experiments**

- a) Phase separation performed at too high a temperature

The phase separation (step 7) should be performed at 4°C to allow optimal phase separation and removal of genomic DNA from the aqueous phase. Make sure that the centrifuge does not heat above 10°C during the centrifugation.

## Comments and suggestions

- |  |   |
|--|---|
| b) Interphase contamination of aqueous phase               | Contamination of the aqueous phase with the interphase results in an increased DNA content in the RNA eluate. Make sure to transfer the aqueous phase without interphase contamination. |
| c) Not enough QIAzol Lysis Reagent used for homogenization | In subsequent preparations, reduce the amount of starting material and/or increase the volume of QIAzol Lysis Reagent and the homogenization time.                                      |
| d) Organic solvents in samples used for RNA purification   | Make sure that the starting sample does not contain organic solvents (e.g., ethanol, DMSO), strong buffers, or alkaline reagents. These can interfere with the phase separation.        |
| e) No DNase treatment                                      | Perform optional on-column DNase digestion using the RNase-Free DNase Set (Appendix C, page 33) at step 10 of the protocol.   |

## RNA does not perform well in downstream experiments

- |                                  |  |
|----------------------------------|--|
| a) Salt carryover during elution | Ensure that Buffer RPE is at 20–30°C.  |
| b) Ethanol carryover             | During the second wash with Buffer RPE (step 13), be sure to dry the RNeasy spin column membrane by centrifuging at $\geq 8000 \times g$ ( $\geq 10,000$ rpm) for 2 min at 15–25°C (RNeasy Lipid Tissue Mini Kit) or at $3000\text{--}5000 \times g$ for 5 min at 15–25°C (RNeasy Lipid Tissue Midi Kit). After centrifugation, carefully remove the column from the collection tube so that the column does not contact the flow-through. Otherwise, carryover of ethanol will occur.<br><br>To eliminate any chance of possible ethanol carryover with the RNeasy Lipid Tissue Mini Kit, place the RNeasy Mini spin column in a new 2 ml collection tube and perform the optional 1-min centrifugation step as described in step 14 of the protocol. |

# **Appendix A: General Remarks on Handling RNA**

## **Handling RNA**

Ribonucleases (RNases) are very stable and active enzymes that generally do not require cofactors to function. Since RNases are difficult to inactivate and even minute amounts are sufficient to destroy RNA, do not use any plasticware or glassware without first eliminating possible RNase contamination. Great care should be taken to avoid inadvertently introducing RNases into the RNA sample during or after the purification procedure. In order to create and maintain an RNase-free environment, the following precautions must be taken during pretreatment and use of disposable and nondisposable vessels and solutions while working with RNA.

### **General handling**

Proper microbiological, aseptic technique should always be used when working with RNA. Hands and dust particles may carry bacteria and molds and are the most common sources of RNase contamination. Always wear latex or vinyl gloves while handling reagents and RNA samples to prevent RNase contamination from the surface of the skin or from dusty laboratory equipment. Change gloves frequently and keep tubes closed whenever possible. Keep purified RNA on ice when aliquots are pipetted for downstream applications.

### **Disposable plasticware**

The use of sterile, disposable polypropylene tubes is recommended throughout the procedure. These tubes are generally RNase-free and do not require pretreatment to inactivate RNases.

### **Nondisposable plasticware**

Nondisposable plasticware should be treated before use to ensure that it is RNase-free. Plasticware should be thoroughly rinsed with 0.1 M NaOH, 1 mM EDTA\* followed by RNase-free water (see "Solutions", page 29). Alternatively, chloroform-resistant plasticware can be rinsed with chloroform\* to inactivate RNases.

\* When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, consult the appropriate material safety data sheets (MSDSs), available from the product supplier.

## Glassware

Glassware should be treated before use to ensure that it is RNase-free. Glassware used for RNA work should be cleaned with a detergent,\* thoroughly rinsed, and oven baked at 240°C for at least 4 hours (overnight, if more convenient) before use. Autoclaving alone will not fully inactivate many RNases. Alternatively, glassware can be treated with DEPC\* (diethyl pyrocarbonate). Fill glassware with 0.1% DEPC (0.1% in water), allow to stand overnight (12 hours) at 37°C, and then autoclave or heat to 100°C for 15 minutes to eliminate residual DEPC.

## Electrophoresis tanks

Electrophoresis tanks should be cleaned with detergent solution (e.g., 0.5% SDS),\* thoroughly rinsed with RNase-free water, and then rinsed with ethanol<sup>†</sup> and allowed to dry.

## Solutions

Solutions (water and other solutions) should be treated with 0.1% DEPC. DEPC is a strong, but not absolute, inhibitor of RNases. It is commonly used at a concentration of 0.1% to inactivate RNases on glass or plasticware or to create RNase-free solutions and water. DEPC inactivates RNases by covalent modification. Add 0.1 ml DEPC to 100 ml of the solution to be treated and shake vigorously to bring the DEPC into solution. Let the solution incubate for 12 hours at 37°C. Autoclave for 15 minutes to remove any trace of DEPC. DEPC will react with primary amines and cannot be used directly to treat Tris\* buffers. DEPC is highly unstable in the presence of Tris buffers and decomposes rapidly into ethanol and CO<sub>2</sub>. When preparing Tris buffers, treat water with DEPC first, and then dissolve Tris to make the appropriate buffer. Trace amounts of DEPC will modify purine residues in RNA by carbethoxylation. Carbethoxylated RNA is translated with very low efficiency in cell-free systems. However, its ability to form DNA:RNA or RNA:RNA hybrids is not seriously affected unless a large fraction of the purine residues have been modified. Residual DEPC must always be eliminated from solutions or vessels by autoclaving or heating to 100°C for 15 minutes.

**Note:** RNeasy buffers are guaranteed RNase-free without using DEPC treatment and are therefore free of any DEPC contamination.

\* When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, consult the appropriate material safety data sheets (MSDSs), available from the product supplier.

<sup>†</sup> Plastics used for some electrophoresis tanks are not resistant to ethanol. Take proper care and check the supplier's instructions.

## Appendix B: Storage, Quantification, and Determination of Quality of RNA

### Storage of RNA

Purified RNA may be stored at  $-20^{\circ}\text{C}$  or  $-70^{\circ}\text{C}$  in RNase-free water. Under these conditions, no degradation of RNA is detectable after 1 year.

### Quantification of RNA

The concentration of RNA should be determined by measuring the absorbance at 260 nm ( $A_{260}$ ) in a spectrophotometer (see "Spectrophotometric quantification of RNA" below). For small amounts of RNA, however, it may be difficult to determine amounts photometrically. Small amounts of RNA can be quantified using the QIAxcel™ system ([www.qiagen.com/QIAxcel](http://www.qiagen.com/QIAxcel)) or Agilent® 2100 bioanalyzer, quantitative RT-PCR, or fluorometric quantification.

### Spectrophotometric quantification of RNA

To ensure significance,  $A_{260}$  readings should be greater than 0.15. An absorbance of 1 unit at 260 nm corresponds to 44 µg of RNA per ml ( $A_{260}=1 \rightarrow 44 \mu\text{g/ml}$ ). This relation is valid only for measurements at a neutral pH. Therefore, if it is necessary to dilute the RNA sample, this should be done in a buffer with neutral pH.\* As discussed below (see "Purity of RNA", page 31), the ratio between the absorbance values at 260 and 280 nm gives an estimate of RNA purity.

When measuring RNA samples, be certain that cuvettes are RNase-free, especially if the RNA is to be recovered after spectrophotometry. This can be accomplished by washing cuvettes with 0.1 M NaOH, 1 mM EDTA,\* followed by washing with RNase-free water (see "Solutions", page 29). Use the buffer in which the RNA is diluted to zero the spectrophotometer. An example of the calculation involved in RNA quantification is shown below:

$$\text{Volume of RNA sample} = 100 \mu\text{l}$$

$$\text{Dilution} = 10 \mu\text{l of RNA sample} + 490 \mu\text{l of } 10 \text{ mM Tris-Cl, } * \text{ pH 7.0} \\ (1/50 \text{ dilution})$$

Measure absorbance of diluted sample in a 1 ml cuvette (RNase-free)

$$A_{260} = 0.2$$

$$\begin{aligned} \text{Concentration of RNA sample} &= 44 \mu\text{g/ml} \times A_{260} \times \text{dilution factor} \\ &= 44 \mu\text{g/ml} \times 0.2 \times 50 \\ &= 440 \mu\text{g/ml} \end{aligned}$$

\* When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, consult the appropriate material safety data sheets (MSDSs), available from the product supplier.

Total amount	= concentration x volume in milliliters
	= 440 µg/ml x 0.1 ml
	= 44 µg of RNA

## Purity of RNA

The ratio of the readings at 260 nm and 280 nm ( $A_{260}/A_{280}$ ) provides an estimate of the purity of RNA with respect to contaminants that absorb in the UV spectrum, such as protein. However, the  $A_{260}/A_{280}$  ratio is influenced considerably by pH. Since water is not buffered, the pH and the resulting  $A_{260}/A_{280}$  ratio can vary greatly. Lower pH results in a lower  $A_{260}/A_{280}$  ratio and reduced sensitivity to protein contamination.\* For accurate values, we recommend measuring absorbance in 10 mM Tris-Cl, pH 7.5. Pure RNA has an  $A_{260}/A_{280}$  ratio of 1.9–2.1<sup>†</sup> in 10 mM Tris-Cl, pH 7.5. Always be sure to calibrate the spectrophotometer with the same solution used for dilution.

For determination of RNA concentration, however, we recommend dilution of the sample in a buffer with neutral pH since the relationship between absorbance and concentration ( $A_{260}$  reading of 1 = 44 µg/ml RNA) is based on an extinction coefficient calculated for RNA at neutral pH (see "Spectrophotometric quantification of RNA", page 30).

## DNA contamination

No currently available purification method can guarantee that RNA is completely free of DNA, even when it is not visible on an agarose gel. While RNeasy Kits will remove the vast majority of cellular DNA, trace amounts may still remain, depending on the amount and nature of the sample.

For analysis of very low abundance targets, any interference by residual DNA contamination can be detected by performing real-time RT-PCR control experiments in which no reverse transcriptase is added prior to the PCR step.

To prevent any interference by DNA in real-time RT-PCR applications, such as with Applied Biosystems® and Rotor-Gene™ instruments, we recommend designing primers that anneal at intron splice junctions so that genomic DNA will not be amplified. QuantiTect Primer Assays from QIAGEN are designed for SYBR® Green-based real-time RT-PCR analysis of RNA sequences (without detection of genomic DNA) where possible (see [www.qiagen.com/GeneGlobe](http://www.qiagen.com/GeneGlobe)). For real-time RT-PCR assays where amplification of genomic DNA cannot be avoided, we recommend using the QuantiTect Reverse Transcription Kit for reverse transcription. The kit integrates fast cDNA synthesis with rapid removal of genomic DNA contamination (see ordering information, page 37).

\* Wilfinger, W.W., Mackey, M., and Chomczynski, P. (1997) Effect of pH and ionic strength on the spectrophotometric assessment of nucleic acid purity. *BioTechniques* **22**, 474.

† Values up to 2.3 are routinely obtained for pure RNA (in 10 mM Tris-Cl, pH 7.5) with some spectrophotometers.

For other sensitive applications, DNase digestion of the purified RNA with RNase-free DNase is recommended. A protocol for optional on-column DNase digestion using the RNase-Free DNase Set is provided in Appendix C (page 33). The DNase is efficiently washed away in subsequent wash steps.

### **Integrity of RNA**

The integrity and size distribution of total RNA purified with RNeasy Lipid Tissue Kits can be checked by denaturing agarose gel electrophoresis and ethidium bromide staining\* or by using the QIAxcel system or Agilent 2100 bioanalyzer. The respective ribosomal RNAs should appear as sharp bands or peaks. The apparent ratio of 28S rRNA to 18S rRNA should be approximately 2:1. If the ribosomal bands or peaks of a specific sample are not sharp, but appear as a smear towards smaller sized RNAs, it is likely that the sample suffered major degradation either before or during RNA purification.

The Agilent 2100 bioanalyzer also provides an RNA Integrity Number (RIN) as a useful measure of RNA integrity. Ideally, the RIN should be close to 10, but in many cases (particularly with tissue samples), how well the original sample is preserved greatly influences RNA quality.

\* When working with chemicals, always wear a suitable lab coat, disposable gloves, and protective goggles. For more information, consult the appropriate material safety data sheets (MSDSs), available from the product supplier.

## Appendix C: Optional On-Column DNase Digestion with the RNase-Free DNase Set

The RNase-Free DNase Set (cat. no. 79254) provides efficient on-column digestion of DNA during RNA purification. The DNase is efficiently removed in subsequent wash steps.

**Note:** Standard DNase buffers are not compatible with on-column DNase digestion. Use of other buffers may affect the binding of RNA to the RNeasy membrane, reducing RNA yield and integrity.

Lysis and homogenization of the sample and binding of RNA to the RNeasy membrane are performed according to the standard protocol. After washing with a reduced volume of Buffer RW1, the RNA is treated with DNase I while bound to the RNeasy membrane. The DNase I is removed by a second wash with Buffer RW1. Washing with Buffer RPE and elution of RNA are then performed according to the standard protocol.

### Important points before starting

- Generally, DNase digestion is not required since integrated QIAzol and RNeasy technologies efficiently remove most of the DNA without DNase treatment. However, further DNA removal may be necessary for certain RNA applications that are sensitive to very small amounts of DNA (e.g., TaqMan RT-PCR analysis with a low-abundant target). DNA can also be removed by a DNase digestion following RNA purification.
- **Do not vortex the reconstituted DNase I.** DNase I is especially sensitive to physical denaturation. Mixing should only be carried out by gently inverting the tube.
- In the procedure below, ▲ refers to use of the [RNeasy Lipid Tissue Mini Kit](#), and ● refers to use of the [RNeasy Lipid Tissue Midi Kit](#).

### Things to do before starting

- Prepare DNase I stock solution before using the RNase-Free DNase Set for the first time. Dissolve the lyophilized DNase I (1500 Kunitz units) in 550 µl of the RNase-free water provided. To avoid loss of DNase I, do not open the vial. Inject RNase-free water into the vial using an RNase-free needle and syringe. Mix gently by inverting the vial. Do not vortex.
- For long-term storage of DNase I, remove the stock solution from the glass vial, divide it into single-use aliquots, and store at -20°C for up to 9 months. Thawed aliquots can be stored at 2–8°C for up to 6 weeks. Do not refreeze the aliquots after thawing.

## Procedure

Prepare and load samples onto the RNeasy spin column as indicated in steps 1–10 of the protocol on page 14 or 19. Instead of performing step 11, follow steps C1–C4 below.

- C1. Add ▲ 350 µl or ● 2 ml Buffer RW1 to the RNeasy spin column. Close the lid gently, and centrifuge for ▲ 15 s at  $\geq 8000 \times g$  ( $\geq 10,000$  rpm) or ● 5 min at 3000–5000  $\times g$  to wash the membrane. Discard the flow-through.\***

Reuse the collection tube in step C4.

- C2. Add ▲ 10 µl or ● 20 µl DNase I stock solution (see above) to ▲ 70 µl or ● 140 µl Buffer RDD. Mix by gently inverting the tube, and centrifuge briefly to collect residual liquid from the sides of the tube.**

Buffer RDD is supplied with the RNase-Free DNase Set.

**Note:** DNase I is especially sensitive to physical denaturation. Mixing should only be carried out by gently inverting the tube. Do not vortex.

- C3. Add the DNase I incubation mix (▲ 80 µl or ● 160 µl) directly to the RNeasy spin column membrane, and place on the benchtop (20–30°C) for 15 min.**

**Note:** Be sure to add the DNase I incubation mix directly to the RNeasy spin column membrane. DNase digestion will be incomplete if part of the mix sticks to the walls or the O-ring of the spin column.

- C4. Add ▲ 350 µl or ● 2 ml Buffer RW1 to the RNeasy spin column. Close the lid gently, and centrifuge for ▲ 15 s at  $\geq 8000 \times g$  ( $\geq 10,000$  rpm) or ● 5 min at 3000–5000  $\times g$ . Discard the flow-through.\* Continue with step 12 of the protocol on page 14 or 19.**

\* Flow-through contains Buffer RW1 and is therefore not compatible with bleach. See page 6 for safety information.

# Ordering Information

Product	Contents	Cat. no.
RNeasy Lipid Tissue Mini Kit (50)	50 RNeasy Mini Spin Columns, Collection Tubes, QIAzol Lysis Reagent, RNase-Free Reagents and Buffers	74804
RNeasy Lipid Tissue Midi Kit (10)	10 RNeasy Midi Spin Columns, Collection Tubes, QIAzol Lysis Reagent, RNase-Free Reagents and Buffers	75842
<b>Accessories</b>		
Allprotect Tissue Reagent (100 ml)	For stabilization of DNA, RNA, and protein in 50 x 200 mg tissue samples: 100 ml Allprotect Tissue Reagent, Allprotect Reagent Pump	76405
RNAlater RNA Stabilization Reagent (50 ml)	For stabilization of RNA in 25 x 200 mg tissue samples: 50 ml RNAlater RNA Stabilization Reagent	76104
RNAlater RNA Stabilization Reagent (250 ml)	For stabilization of RNA in 125 x 200 mg tissue samples: 250 ml RNAlater RNA Stabilization Reagent	76106
RNAlater TissueProtect Tubes (50 x 1.5 ml)	For stabilization of RNA in 50 x 150 mg tissue samples: 50 screw-top tubes containing 1.5 ml RNAlater RNA Stabilization Reagent each	76154
RNAlater TissueProtect Tubes (20 x 5 ml)	For stabilization of RNA in 20 x 500 mg tissue samples: 20 screw-top tubes containing 5 ml RNAlater RNA Stabilization Reagent each	76163
QIAzol Lysis Reagent (200 ml)	200 ml QIAzol Lysis Reagent	79306

## Ordering Information

Product	Contents	Cat. no.
TissueRuptor	Handheld rotor-stator homogenizer, 5 TissueRuptor Disposable Probes	9001271* 9001272† 9001273‡ 9001274§
TissueRuptor Disposable Probes (25)	25 nonsterile plastic disposable probes for use with the TissueRuptor	990890
TissueLyser II	Universal laboratory mixer-mill disruptor	85300
TissueLyser Adapter Set 2 x 24	2 sets of Adapter Plates and 2 racks for use with 2 ml microcentrifuge tubes on the TissueLyser	69982
TissueLyser Single-Bead Dispenser, 5 mm	For dispensing individual beads (5 mm diameter)	69965
Stainless Steel Beads, 5 mm (200)	Stainless Steel Beads, suitable for use with the TissueLyser system	69989
RNase-Free DNase Set (50)	For 50 RNA minipreps: 1500 units RNase-Free DNase I, RNase-Free Buffer RDD, and RNase-Free Water	79254
MaXtract High Density (100 x 15 ml)	100 x 15 ml MaXtract tubes for 100 nucleic acid extractions	129065
MaXtract High Density (25 x 50 ml)	25 x 50 ml MaXtract tubes for 25 nucleic acid extractions	129073
Collection Tubes (2 ml)	1000 x 2 ml Collection Tubes	19201
TissueLyser Adapter Set 2 x 96	2 sets of Adapter Plates for use with Collection Microtubes (racked) on the TissueLyser	69984
Collection Microtubes (racked)	Nonsterile polypropylene tubes (1.2 ml), 960 in racks of 96	19560
Collection Microtube Caps (120 x 8)	Nonsterile polypropylene caps for collection microtubes (1.2 ml), 960 in strips of 8	19566

\* 120 V, 60 Hz (for North America and Japan)

† 235 V, 50/60 Hz (for Europe, excluding UK and Ireland)

‡ 235 V, 50/60 Hz (for UK and Ireland)

§ 235 V, 50/60 Hz (for Australia)

# Ordering Information

Product	Contents	Cat. no.
<b>Related products</b>		
<b>QuantiTect Reverse Transcription Kit — for fast cDNA synthesis for sensitive real-time two-step RT-PCR</b>		
QuantiTect Reverse Transcription Kit (50)*	For 50 x 20 µl reactions: gDNA Wipeout Buffer, Quantiscript® Reverse Transcriptase, Quantiscript RT Buffer, RT Primer Mix, and RNase-Free Water	205311
<b>RNeasy Kits — for purification of total RNA from animal cells or tissues, or yeast<sup>†</sup></b>		
RNeasy Mini Kit (50)	50 RNeasy Mini Spin Columns, Collection Tubes, RNase-Free Reagents and Buffers	74104
RNeasy Midi Kit (10)	10 RNeasy Midi Spin Columns, Collection Tubes, RNase-Free Reagents and Buffers	75142
<b>RNeasy Plus Mini Kit — for purification of total RNA from cultured cells and tissues using gDNA Eliminator columns</b>		
RNeasy Plus Mini Kit (50)	50 RNeasy Mini Spin Columns, 50 gDNA Eliminator Mini Spin Columns, Collection Tubes, RNase-Free Reagents and Buffers	74134
<b>RNeasy Fibrous Tissue Kits — for purification of total RNA from fiber-rich tissues</b>		
RNeasy Fibrous Tissue Mini Kit (50)	50 RNeasy Mini Spin Columns, Collection Tubes, Proteinase K, RNase-Free DNase I, RNase-Free Reagents and Buffers	74704
RNeasy Fibrous Tissue Midi Kit (10)	10 RNeasy Midi Spin Columns, Collection Tubes, Proteinase K, RNase-Free DNase I, RNase-Free Reagents and Buffers	75742

\* Larger kit size available; see [www.qiagen.com/products/PCR](http://www.qiagen.com/products/PCR).

† Larger kit sizes and format available; see [www.qiagen.com/RNA](http://www.qiagen.com/RNA).

## Ordering Information

Product	Contents	Cat. no.
<b>RNeasy 96 Universal Tissue Kit — for high-throughput RNA purification from any type of animal tissue</b>		
RNeasy 96 Universal Tissue Kit (4) <sup>†‡</sup>	For 4 x 96 total RNA preps: 4 RNeasy 96 Plates, Collection Microtubes, Elution Microtubes CL, Caps, S-Blocks, AirPore Tape Sheets, QIAzol Lysis Reagent, RNase-Free Reagents and Buffers	74881
<b>miRNeasy Kits — for purification of microRNA and total RNA from a wide range of animal tissues and cells</b>		
miRNeasy Mini Kit (50)	For 50 preps: 50 RNeasy Mini Spin Columns, Collection Tubes (1.5 ml and 2 ml), QIAzol Lysis Reagent, RNase-Free Reagents and Buffers	217004
miRNeasy 96 Kit (4) <sup>‡</sup>	For 4 x 96 preps: 4 RNeasy 96 plates, Collection Microtubes (racked), Elution Microtubes CL, Caps, S-Blocks, AirPore Tape Sheets, QIAzol Lysis Reagent, RNase-Free Reagents and Buffers	217061

Allprotect Tissue Reagent, RNAlater RNA Stabilization Reagent, the TissueRuptor, the Tissuelyser II, and RNeasy Kits are intended for molecular biology applications. These products are neither intended for the diagnosis, prevention, or treatment of a disease, nor have they been validated for such use either alone or in combination with other products.

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<sup>†</sup> Larger kit size available; see [www.qiagen.com/RNA](http://www.qiagen.com/RNA).

<sup>‡</sup> Requires use of the QIAGEN 96-Well-Plate Centrifugation System with refrigeration capability (Tissuelyser system recommended for disruption and homogenization; QIAvac 96 optional).

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QIAzol Lysis Reagent is a subject of US Patent No. 5,346,994 and foreign equivalents.

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**Sample & Assay Technologies**

## RNA Purification Using RNeasy Lipid Tissue Mini Kit

**Note:** Before using this bench protocol, you should be completely familiar with the safety information and protocols in the *RNeasy Lipid Tissue Handbook*.

### Procedure

1. Disrupt and homogenize  $\leq$ 100 mg fatty tissue ( $\leq$ 50 mg other tissue) in 1 ml QIAzol Lysis Reagent using the TissueRuptor or TissueLyser.
2. Incubate sample at room temperature for 5 min.
3. Add 200  $\mu$ l chloroform, and shake vigorously for 15 s.
4. Incubate sample at room temperature for 2–3 min.
5. Centrifuge at 12,000  $\times g$  for 15 min at 4°C.
6. Transfer upper, aqueous phase to new tube, add 1 volume of 70% ethanol, and vortex. Do not centrifuge. Proceed at once to step 7.
7. Transfer sample to RNeasy column in 2 ml tube. Close lid, centrifuge for 15 s at  $\geq$ 8000  $\times g$ , and discard flow-through.  
**Optional DNase digest:** Follow steps 1–4 of “Bench Protocol: Optional On-Column DNase Digestion for RNeasy Lipid Tissue Mini Kit” after this step.
8. Add 700  $\mu$ l Buffer RW1 to RNeasy column. Close lid, centrifuge for 15 s at  $\geq$ 8000  $\times g$ , and discard flow-through.  
Skip this step if performing optional DNase digestion.
9. Add 500  $\mu$ l Buffer RPE to RNeasy column. Close lid, centrifuge for 15 s at  $\geq$ 8000  $\times g$ , and discard flow-through.
10. Add 500  $\mu$ l Buffer RPE to RNeasy column. Close lid and centrifuge for 2 min at  $\geq$ 8000  $\times g$ .
11. **Optional:** Place RNeasy column in new 2 ml tube, close lid, and centrifuge at full speed for 1 min.
12. Place RNeasy column in new 1.5 ml tube. Add 30–50  $\mu$ l RNase-free water, close lid, and centrifuge for 1 min at  $\geq$ 8000  $\times g$ .  
**Optional:** Repeat elution with another volume of water or with RNA eluate.



## Optional On-Column DNase Digestion for RNeasy Lipid Tissue Mini Kit

**Note:** Before using this bench protocol, you should be completely familiar with the safety information and detailed protocols in the *RNeasy Lipid Tissue Handbook*.

### Things to do before starting

- If using the RNase-Free DNase Set for the first time, prepare DNase I stock solution. Using an RNase-free needle and syringe, inject 550  $\mu$ l RNase-free water into the DNase I vial (1500 Kunitz units). Mix gently by inverting the vial.  
**Do not vortex.**
- For long-term storage of DNase I stock solution, divide it into single-use aliquots and store at  $-20^{\circ}\text{C}$  for up to 9 months. Thawed aliquots can be stored at  $2\text{--}8^{\circ}\text{C}$  for up to 6 weeks. Do not refreeze aliquots after thawing.

### Procedure

Perform steps 1–7 of “Bench Protocol: RNA Purification Using the RNeasy Lipid Tissue Mini Kit”. Then perform steps 1–4 below.

1. Add 350  $\mu$ l Buffer RW1 to RNeasy column, close lid, centrifuge for 15 s at  $\geq 8000 \times g$ , and discard flow-through.
2. Add 10  $\mu$ l DNase I stock solution (see above) to 70  $\mu$ l Buffer RDD. Mix by gently inverting tube, and centrifuge briefly.
3. Add DNase I incubation mix (80  $\mu$ l) directly to RNeasy column membrane, and place on benchtop ( $20\text{--}30^{\circ}\text{C}$ ) for 15 min.
4. Add 350  $\mu$ l Buffer RW1 to RNeasy column, close lid, centrifuge for 15 s at  $\geq 8000 \times g$ , and discard flow-through. Continue with step 9 of “Bench Protocol: RNA Purification Using the RNeasy Lipid Tissue Mini Kit”.



## RNA Purification Using RNeasy Lipid Tissue Midi Kit

**Note:** Before using this bench protocol, you should be completely familiar with the safety information and protocols in the *RNeasy Lipid Tissue Handbook*.

### Procedure

1. Disrupt and homogenize  $\leq$ 500 mg fatty tissue ( $\leq$ 250 mg other tissue) in 5 ml QIAzol Lysis Reagent using the TissueRuptor.
2. Incubate sample at room temperature for 5 min.
3. Add 1 ml chloroform, and shake vigorously for 15 s.
4. Incubate sample at room temperature for 2–3 min.
5. Centrifuge at 5000  $\times$  g for 15 min at 4°C.
6. Transfer upper, aqueous phase to new tube, add 1 volume of 70% ethanol, and vortex. Do not centrifuge. Proceed at once to step 7.
7. Transfer sample to RNeasy column in 15 ml tube. Close lid, centrifuge for 5 min at 3000–5000  $\times$  g, and discard flow-through.

**Optional DNase digest:** Follow steps 1–4 of “Bench Protocol: Optional On-Column DNase Digestion for RNeasy Lipid Tissue Midi Kit” after this step.

8. Add 4 ml Buffer RW1 to RNeasy column. Close lid, centrifuge for 5 min at 3000–5000  $\times$  g, and discard flow-through.  
Skip this step if performing optional DNase digestion.
9. Add 2.5 ml Buffer RPE to RNeasy column. Close lid, centrifuge for 2 min at 3000–5000  $\times$  g, and discard flow-through.
10. Add 2.5 ml Buffer RPE to RNeasy column. Close lid and centrifuge for 5 min at 3000–5000  $\times$  g.
11. Place RNeasy column in new 15 ml tube. Add RNase-free water (150  $\mu$ l if expecting  $\leq$ 150  $\mu$ g RNA, or 250  $\mu$ l if expecting  $\leq$ 1 mg RNA), close lid, wait 1 min, and centrifuge for 3 min at 3000–5000  $\times$  g.

**Optional:** Repeat elution with another volume of water or with RNA eluate.



## Optional On-Column DNase Digestion for RNeasy Lipid Tissue Midi Kit

**Note:** Before using this bench protocol, you should be completely familiar with the safety information and detailed protocols in the *RNeasy Lipid Tissue Handbook*.

### Things to do before starting

- If using the RNase-Free DNase Set for the first time, prepare DNase I stock solution. Using an RNase-free needle and syringe, inject 550 µl RNase-free water into the DNase I vial (1500 Kunitz units). Mix gently by inverting the vial.  
**Do not vortex.**
- For long-term storage of DNase I stock solution, divide it into single-use aliquots and store at –20°C for up to 9 months. Thawed aliquots can be stored at 2–8°C for up to 6 weeks. Do not refreeze aliquots after thawing.

### Procedure

Perform steps 1–7 of “Bench Protocol: RNA Purification Using the RNeasy Lipid Tissue Midi Kit”. Then perform steps 1–4 below.

1. Add 2 ml Buffer RW1 to RNeasy column, close lid, centrifuge for 5 min at 3000–5000 × g, and discard flow-through.
2. Add 20 µl DNase I stock solution (see above) to 140 µl Buffer RDD. Mix by gently inverting tube, and centrifuge briefly.
3. Add DNase I incubation mix (160 µl) directly to RNeasy column membrane, and place on benchtop (20–30°C) for 15 min.
4. Add 2 ml Buffer RW1 to RNeasy column, close lid, centrifuge for 5 min at 3000–5000 × g, and discard flow-through. Continue with step 9 of “Bench Protocol: RNA Purification Using the RNeasy Lipid Tissue Midi Kit”.

